

Good Night, Dear Soul



Bed Time Invocations: The Numbers
by
Jo Leath

Good Night, Dear Soul. Bed Time Invocations for The Numbers

Family Life in the 2000teens is not like life in the past.

At bedtime we are sometimes far away from the people we love, and even when we are nearby, we may be rushed, or not fully present as we say 'good night and sleep tight'.

Yet when we take a moment to connect to the energy of the people we love, we can strengthen our emotional and Spiritual bonds, and break away from the distractions of other demands on us.

In these pages are some brief messages we can email, or speak or simply project as energy.

Asking the Source of All Things to be with us and our loved ones during the hours of sleep, allows us to reconnect with that truth that we are always held in the loving embrace of Spirit.

Absorb the image, read the lines, and inhale deeply. Feel the depth of the love that you want to transmit. Exhale: making your lips into the shape of "ooooo".

Allow the love and the blessing and the message to travel on your breath to the intended recipient.

Be mindful, however briefly, of the miracle which is life in the Human Experience.

There is no life without Numbers, and The Light is Always with you.
Sleep well, Dear Soul

Jo Leath

Jo Leath is a practicing Numerologist with over 30 years of experience. She is the author of the forthcoming book The Intentional Path. You can learn more about her at www.joleath.com

**Be certain of your value
and contribution, Dear Soul
and know that there is abundance,
in this time and place,
which has always
been intended for you.**



One

**I am breathing a soft glow
into your aura, Dear Soul.
Inviting every centering energy
to seep into your core**



Two

**Sending strands of love,
Dear Soul,
and threads of connexion
to stitch your heart to mine
and weave a tapestry of eternal love**



Three

**I see you glowing, Dear Soul,
in a state of creation.
You reach outside tradition and habit
and open a portal
between the realms**



Four

**Sleep Well, Dear Soul,
May your dreams reveal
Your intentions for growth
and the stable foundation
from which you will fly**



Five

**I am sending bubbles of comfort
for your sleep, Dear Soul.
I am sending excitement
to stimulate your days
know that certain success awaits**



Six

**Wishing you the beauty of light,
Dear Soul,
and music of the spheres
and soft warm sleep
and the assurance
of a wonderful tomorrow**



Seven

**For your night I call in
a gentle shower of dreams, Dear Soul,
a cushion of lotus petals around you
and the Love which is Source
to deliver all your wishes**



Eight

**Dear Soul, I am connecting you
with an eternal loop
of energetic exchange with the
Source of All,
Sleep Well, and waken in wisdom**



Nine

**the Universe remembers, Dear Soul,
that you are here for great things
triumph will reverberate
achievement will echo
and this task will be accomplished**



**Goodnight, Dear Soul
I am calling the Cosmos
to send what you need
where you need it
and to fill your aura
with Love and Light
without limits**





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